

# fun activities



Many people claim to have invented the burger, but most believe that it was **Fletcher "Old Dave" Davis** from Athens, Texas. "Old Dave" started selling his burgers at the **St. Louis World's Fair in 1904. That means the hamburger is 100 years old!!**

The first restaurant chain to serve the burger was **White Castle in Wichita, Kansas, in 1921.**

**A typical burger patty weighs 3 ounces after it is cooked.**

For your burgers, cook with 90% or 95% lean ground beef. Both have **less fat than ground turkey!**

**Hamburger (ground beef patty) is the most popular food for the grill,** followed by steak and chicken. One out of every five times Americans fire up the grill, it's to cook a burger.

## Hamburger Trivia

1. How did the Hamburger get its name?

- From the Baltic provinces of Russia in the Middle Ages where rowdy, nomadic tribes of Tartary developed a fondness for raw beef, known today as steak Tartar.
- From the German trading partners of the Tartars who lived in Hamburg; they developed a taste for raw beef fried with onions, called Hamburg Steak
- From German immigrants who brought "Hamburg Steak" to the US in the 1700s and 1800s.
- All of the above.

**Answer:** all of the above.

2. By the 1930's hamburgers had another nickname, coming from an insatiable hamburger addict from the Popeye comic strip. What were they called?

**Answer:** Wimpy burgers

3. What sandwich is America's favorite, with 86% of the population ordering them in the last year?

**Answer:** Hamburger or cheeseburger.

4. When and where did the first McDonald's Restaurant open?

**Answer:** The first true McDonalds opened in 1955 in Des Plaines, Illinois, by founder Ray Kroc who had discovered a small quick-serve hamburger restaurant in California owned by Dick and Mac McDonald. The Des Plaines McDonalds is now a museum.

5. What lady made the phrase "Where's the Beef?" popular and for what restaurant chain?

**Answer:** Clara Peller for Wendy's

6. How many basketballs can be made from one cowhide?

**Answer:** eleven, according to the Wilson Sporting Goods Company

7. What nutrient does beef provide that helps build strong blood?

**Answer:** iron

8. How many quarter-pound hamburgers come from the ground beef in one 1,000 pound steer (from just the normal beef ground into ground beef)?

**Answer:** almost 1,000 quarter-pound burgers

9. How many parts does the cow's stomach have?

**Answer:** Cattle are ruminants; they have one stomach composed of four compartments. They can digest cellulose products like hay, grass and cornstalks which humans cannot.

10. What are NFL footballs made out of?

**Answer:** Cowhide! Not pigskin.

11. What breed of cattle originated in Iowa, near St. Mary's?

**Answer:** Polled Hereford

